

COPING WITH COVID-19 PANDEMIC

EMOTIONAL SUPPORT CALL LINE



(727) 524-4464
Dial Ext. 1001

MONDAY - SUNDAY | 8AM - 8PM

Are you are feeling worried, stressed, or alone?

IF YOU ARE HAVING A HARD TIME COPING OR ADAPTING DURING THIS PANDEMIC, YOU ARE NOT ALONE. DIRECTIONS FOR LIVING IS HERE TO LISTEN. CALL OUR EMOTIONAL SUPPORT LINE TO TALK TO SOMEONE TODAY.

CALL **(727) 524-4464 EXT 1001**, LEAVE YOUR NAME AND NUMBER, AND SOMEONE WILL RETURN YOUR CALL WITHIN TWO OPERATING HOURS. THIS CALL LINE IS FOR EMOTIONAL SUPPORT ONLY, NOT RESOURCES (CALL 2-1-1), LIFE-THREATENING EMERGENCIES (CALL 9-1-1), OR MENTAL HEALTH EMERGENCIES (CALL PEMHS CRISIS HOTLINE AT 727-541-4628).

THE EMOTIONAL SUPPORT LINE IS PROVIDED AT NO COST TO THE CALLER. YOU DO NOT HAVE TO BE OR BECOME A CLIENT OF DIRECTIONS FOR LIVING TO USE THIS SERVICE.



Directions for Living
LIFE GETS BETTER HERE.™